



CATHOLIC
DAUGHTERS
OF THE
AMERICAS

MISSION STATEMENT

Catholic Daughters of the Americas strives to embrace the principle of faith working through love in the promotion of justice, equality and the advancement of human rights and human dignity for all.

YEAR AT A GLANCE:

March:

Easter Ham Raffle & Pie Sales

April:

Baby Shower for Pregnancy Options/Pillow Cleaning

May:

May Crowning Program & Pilgrimage to Schoenstatt in Sleepy Eye

June:

Priest Appreciation/Salad Luncheon

July:

No meeting

August:

Pillow Cleaning/Potluck Picnic



GABRIEL

COURT SACRED HEART #1424
WASECA, MINNESOTA



MARCH 2023

Next CDA Meeting: Tuesday March 14th at Treanor Campion Dining Hall at Sacred Heart Waseca 7pm to socialize and make business decisions. Rosary at 6:45pm

Teaming Together for Success! The Knights of Columbus Burger/Fish Fry with Catholic Daughters of the Americas Pie/Pop Sales

On Friday February 17th, we had a delicious evening of fellowship and fundraising! We had our annual pie and pop sales at the Knights of Columbus burger/fish fry. This year for the first time since covid, we could bring in our own homemade pies so we had quite the variety of pies to choose from. Several people attended and helped and it was a fun evening.



Letter from our Regent.....

Dear Sisters in Christ:

I remember that January felt like it would never end. February flew by so fast. It is hard to believe that is already March!

The Pie and Pop sale at the KC Burger Fry was very profitable. There was a great assortment of delicious pies. And we made more money than we ever had at the pie and pop sales. We still will receive a donation from the KC's for helping with presale of the tickets. Check the minutes out to find out how much we have made so far!!

I want to introduce a new fundraiser that Court Sacred Heart is going to try this year. We are going to have a Ham and Pie Raffle. We will sell raffle tickets after Masses on the weekends of March 11th and 12th and March 18th and 19th . The tickets will cost \$5.00, and we will only be selling 100 raffle tickets, so chances are improved that you might win. We will also take orders for pies on those dates. The pies will be bought from a vendor, to be baked at home. The drawing for the ham and pie raffle will be on March 27th in time for the winner to know they do not have to buy a ham and pie for Easter dinner. If you have any questions about this fundraiser talk to one of the officers. We will be in need of helpers to sell tickets and pies after Masses on those two weekends. If you can help, please contact Lori Mickelson (507-461-2446) or Carmen Battenfeld (507-272-2416).

Have you heard of "Jesus Food"? Or have you heard of "Feed MY Starving Children"? Several years ago members of Court Sacred Heart went to Feed My Starving Children and helped package food to be sent to people who are starving. Without this food, they would probably starve to death. Jesus Food is similar to Feed My Starving Children, but the advantage to it is that it is located in Faribault, rather than having to travel to the Twin Cities. If you are interested in taking part of a Saturday to package food for the poorest of poor contact Pat Foley (507-461-5095) or Lori Mickelson (507-461-2446). We will plan a day if we get enough interest.

Another new project that Court Sacred Heart is participating in is playing BINGO with the residents at Bridgewater Assisted Living in Janesville. Linda Groh, one of our members helps with activities there. Several of our members will be bringing along some prizes like soda, Little Debbie Cakes, small lotions, etc., and will play BINGO with the residents on the afternoon of March 4th. YELL IT LOUD, BINGO!!

I am so grateful that we have an active Court. I am looking forward to the months ahead, with the MN CDA convention coming up, April Baby Shower for Pregnancy Options, and just spending time with my CDA sisters. Thank you all for your donations, your work and your prayers.

Yours in Unity and Charity:
Pat Foley, Regent
Court Sacred Heart #1424

CORRECTION FROM LAST MONTH'S CDA NEWSLETTER: Last month, February, in the newsletter there was mention of volunteers for selling baked goods at Winter Fest and Connie Ockwig was incorrectly listed as Connie Ockig, so we apologize for the error and thank you for volunteering with us.

CDA Officials

Regent

Pat Foley
pmfcda@gmail.com
12299 Wilton Bridge
Waseca MN 56093
507-461-5095

Vice Regent

Lori Mickelson
rmlm@hickorytech.net
2233 Baker Lane
Faribault, MN 55021
507-461-2446

Recording Secretary

Lori Harris
harl@waseca.k12.mn.us
36988 Knoll Drive
Waseca MN 56093
507-461-3630

Financial Secretary

Patricia Masberg
m.masberg@mchsi.com
6246th Ave SW
Waseca MN 56093
504-461-3469

Treasurer

Carmen Battenfeld
cjpries@gmail.com
2009 5th St NE
Waseca MN 56093
507-272-2416

Chaplain

Father The Hoang
thoang@dowr.org
111 4th St. NW
Waseca MN 56093
507-835-1222

District Deputy

Betty Hager
Owat/Medford/Waseca
507-451-6705

Newsletter Editor

Linda Groh
lgroh3@icloud.com
625 2nd Ave NW
Waseca MN 56093
507-995-6520

CDA Minutes February 14, 2023

Rosary was led by Deb Wobschall at 6:45 pm, prior to the start of the regular meeting of Court Sacred Heart #1424, Waseca. Lunch was then served with a Valentine's theme (treats provided by Shirley Kern and Bert Stenzel). Several of our court members surprised Carmen Battenfeld, our local Treasurer, with gifts for her new baby, Kashton.

The meeting was then called to order by Regent Pat Foley, with opening prayer by Spiritual Enhancement chair, Deb Wobschall. Silent role call of officers was taken. There were 4 officers present and 8 members.

A motion was made to approve the January minutes as printed in the newsletter. The motion was seconded and approved. One spelling correction from the January newsletter was mentioned – Connie Ockwig's last name was misspelled.

Correspondence received this month was thank you notes from our seminarians, and a newsletter from St. John's Seminary.

The treasurer's report was prepared by Carmen Battenfeld and given to Pat Foley. We have a balance of \$10,983.55 in available funds.

One bill was presented by financial secretary, Patty Masberg, \$12.60 for budgeted item, Miscellaneous Postage, to cover cost of stamps from our Sunshine Chair, Bea O'Brien.

Reports of Chairmen:

Winterfest Bake Sale – Diane Ytuarte reported we took in \$1,615.56 in funds. She mentioned there was good quality and variety in baked goods. The best-selling items were cookies, cupcakes, small cakes, and small bagged treats such as chex mix and other mixed snacks. Suggestion for next time is to label the bags or package with what the item is. CDA Donation to the school was previously agreed on and was budgeted as 50% of proceeds. A motion was made to donate \$835 to the school from the funds generated. This was seconded and approved.

State CDA Convention 2023 – Pat Foley mentioned this will be held in Detroit Lakes, MN on April 21 – 22. Those attending will carpool, and will need to leave on Thursday, April 20 and return on Sunday, April 23. Our court can have 5 delegates and 10 alternates. Regent Foley asked if there was interested in attending – Sue Harguth and Lori Mickelson, along with Pat Foley would like to attend, with Linda Groh unsure if her work schedule will allow her the time off. Motion was made to send these 4 to the convention and pay the delegate fees (Linda will notify Pat ASAP if she can attend). Motion was seconded and approved. Pat Foley stated that the state officers are seeking women to run for Secretary and a State Newsletter Editor is needed. Anyone interested can contact Pat for more information.

First Aid Kits – Shirley Skorczewski has checked on the supplies needed to furnish 2 First Aid Kits. One for the Parish Center, and one for the church. She also checked on purchasing supplies so each teacher can have one in their classroom. Her estimate is that supplies might cost about \$85 which would include bandages, elastic wraps, ointment, alcohol wipes, disposable gloves, and the containers. This amount would also include extra supplies to refill these kits as needed. Deb Wobschall, CDA member and public school nurse, cautioned about purchasing ointment as there are some types which can cause allergic reaction. Also, most teachers do not want kits in the classroom, but prefer to have students get first aid treatment at the nurse's office. Shirley will process of the information, check further into prices and report back next month. She also mentioned Kim Rux, local pharmacist, would be willing to speak/educate our group about disaster preparedness and protection.

KC Burger Fry/CDA Pop and Pie Sales – Lori Mickelson mentioned the Sign Up Genius worked well for the volunteers, but the pop and pie donations were coming in slowly. Upon discussing what was needed, members present volunteered to bring items. All signs to label coolers and the price lists are all printed, and members are asked to bring pies beginning at 4 pm so the volunteers can cut and plate the slices. Sue Harguth mentioned the advanced ticket sales are \$581 so far.

CDA National Charities - Pat Foley stated that our court should donate to some of the 7 National Charities, not necessarily all of them. After discussion, a motion was made to donate \$20 to each of these: North American College, Apostleship of the Seas, Covenant House, Tutwiler Clinic and Human Life International. The motion was seconded and approved.

New Business:

Judy Pipke stated that in the Parish Bulletin it was announced that Catholic Daughters would be cleaning the church. She corrected that and stated that she belongs to the newly revised Martha's Ministries at Sacred Heart. She is asking for CDA volunteers to help, but that Martha's Ministries group will be cleaning on Friday mornings from 7 am until about 8 am, finishing prior to the morning Mass.

Jesus Food – Lori Mickelson checked into the packaging of food for the poor at the Faribault West Mall location. A group can do this anytime the Mall is open. Lori suggested a Saturday and asked if there was any interest. Since there were only 4 people interested, the decision was made to hold off at this time, as our court has had a busy month of February.

Confirmation Blankets – Lori Mickelson mentioned there are some left from last year that we can use, but donations of either fleece, completed blankets, or money is welcome so we can continue to make a fleece blanket for each Confirmation student. All interested are asked to bring the donations to the next meeting.

MEETING MINUTES TO BE CONTINUED ON NEXT PAGE)

CDA Minutes from February 14, 2023 (Continued)

Pillow Cleaning – Pat Foley stated the 2023 dates for this project are April 15 and August 5.

Court St. Ann, Medford – Pat Foley mentioned that Medford Court has asked our court to join in helping put on the State Convention in 2025. A motion was made, seconded, and approved to assist with the 2025 Convention.

Ham and Pie Raffle – Pat Foley stated since this is a new project for our court, the officers are planning and organizing this event. This will include Pie Sales and a Raffle drawing for a ham and a pie. Lori Mickelson has drafted a raffle ticket template, Patty Masberg will provide the card stock, Carmen Battenfeld will get pricing from a restaurant supplier, and Pat Foley will get the event details printed in the parish bulletin. Orders for pies will taken after all Masses on March 11/12 and March 18/19. Raffle tickets will be sold at those times as well. Only 100 tickets will be printed, sold at \$5 each, and the drawing for a ham and pie will be held on March 27.

Business from the floor:

Financial Secretary's Report: Patty Masberg reported she is getting members dues in, with only 16 members outstanding. She is working on contacting members.

Announcements: Pat Foley reminded the court there will be a retreat at Schoenstatt on May 6th from 9 am to 3 pm. Carpool will leave from Sacred Heart at 7:30 am.

Linda Groh reminded the court that we previously discussed helping residents at the Janesville (Bridgewater) nursing home (543 Oakwood Dr) with Bingo. This will be on Saturday, March 4, from 1 to 3 pm. Those interested can carpool from Waseca. If we choose, we can bring prizes for the bingo games. Suggested items are small bottles of hand lotion, small individual snacks such as Little Debbie cakes. Linda reported usually 12 – 15 residents participate. Shirley Skorczewski and Lori Mickelson agreed to help. Pat Foley will send out a reminder email to all members.

Lori Mickelson made a motion for the court to purchase a coffee pot to replace the one currently not working in the Parish Center. This was seconded and approved. Lori will make the purchase and let the court know the cost. The pot will also be labeled property of Catholic Daughters.

Ending Prayer was led by Deb Wobschall.

Door prize winners were Linda Groh, Judy Pipke, and Michele Wolf.

Meeting was adjourned at 8:55 pm.

SAVE THE DATE! Court Sacred Heart #1424 will be holding a retreat at Schoenstatt on the Lake in Sleepy Eye on May 6, 2023. Our court currently supports the sisters who live and work at the retreat center with our prayers and with a yearly donation. We also were able to give them a grant from the state court last year and are hoping to again be a recipient for a grant. The cost of this retreat will be \$25.00 per person. This will include lunch and a light snack before leaving for home. If for some reason you cannot afford the cost, and you want to go, please speak privately to Pat. There will be scholarships so everyone who wants to go can go!! This will remain confidential. We will carpool to the retreat. More information will be available in the future. We are just starting to plan this. But we wanted you TO SAVE THE DATE!!

WE NEED YOU!

Judy Pipke has agreed to chair the Martha's Ministry group, to help keep our wonderful church space clean. It has been a while since there has been someone to help organize this. Judy is a Catholic Daughter and is asking our Catholic Daughter sisters to lend a hand. This is a ministry that will need to grow and change as we see what exactly is needed, how often each task needs to be completed, and how long it will take. Right now cleaning will take place on the third Friday of each month at 7:00am, cleaning before the Mass that starts at 8:30am. All members of the parish will be invited to help, but this is a special invitation for Catholic Daughters to lend a hand. If you have any questions, please contact Judy at 507-833-2511.



ANY WOMAN 18 YEARS OR OLDER, WHO IS CATHOLIC, AND DESIRES TO BE A MEMBER, MAY JOIN CATHOLIC DAUGHTERS.

MN CDA News

Did you know that Minnesota Catholic Daughters of the Americas has a website? And guess what!? It is now a new and updated website! In it you will see new features that will aid its functionality. On the middle of the homepage, you will find a section called “Quick Links”. This link, with one click, will bring you to “forms”. There you will find all the forms that are needed, such as the Circle of Love forms and the Financial Review form. The website will now be your link to submit articles to the newsletter and the website. Just use the form at the bottom of the “forms page”. At the bottom of the homepage you will find a calendar of events that will give you the dates of upcoming events. Check back frequently for newly added events. Videos can be uploaded, just lie the welcome video on the homepage. The new platform will be the same with the address MNCDA.com. Check it out. I think you will be surprised at how informative and useful it is. Thanks goes to the state webmistress, Joan Welscher for updating the website.

NATIONAL CDA NEWS

The National Board met just before Lent began. The agenda included plans for 2023 and the State and Territorial Officers Conference in July. National Chaplain, Fr. Bouquet and the National Board are sponsoring a deeply spiritual retreat in November titled “Put Your Nets Out Into The Deep: Moving Mountains”. The retreat will be held Friday November 10th to Sunday November 12th and will begin and end with noon lunch on both days. The retreat will be held at the Spirituality Life Center in Bel Aire Kansas. The cost is \$300.00. This includes your room and meals. Registration will be limited to 65 retreatants. You can go to the National CDA website for more information and to access the registration form.

LENT

When was the last time that you had a really memorable and fulfilling Lent? I know that very often I make plans at the beginning of Lent, but then I go through Lent not giving it much thought. In giving up “something”, is it impacting me spiritually? The point of giving something up is to grow spiritually. Fasting, prayer and almsgiving should help us become a better version of ourselves. But how can we do that? Below are a few ideas of things that you can give up for Lent, and then a few ideas of things to do for Lent. I hope that these help you become a better you and bring you closer to God.

THINGS TO GIVE UP:

Don't always eat what you want. For instance, if you want eggs for breakfast, have cereal instead.

Give something away every day.

Don't interrupt people.

Spend more time listening than talking.

Stop complaining.

THINGS TO DO FOR LENT:

Spend some time in silence. Set a timer and just sit in silence.

Read the Gospels.

Sit in a church.

Do one act of love every day.

Send a kind note to a loved one, do a good deed for a stranger, volunteer, post something inspiring.

Maybe one or two of these ideas will pop out at you and help you to have a memorable and fulfilling Lent. And if you do, it will make help make a better version of yourself and bring you closer to God!

Submitted by Pat Foley

ANY WOMAN 18 YEARS OR OLDER, WHO IS CATHOLIC, AND DESIRES TO BE A MEMBER, MAY JOIN CATHOLIC DAUGHTERS.

CDA February Meeting-Valentine's Day Party and a Baby Shower!



On February 14th we had our CDA meeting and had a Valentine's Party with beautiful decorations and refreshments. We had a surprise baby shower for our financial treasurer Carmen Battenfeld. She received clothes, toys, and other items. It was a fun meeting of fellowship.



MEMBERSHIP - JUST ASK!!



Do you have other friends outside of Catholic Daughters? Are any of these Catholic women aged 18 or older? Do any of these attend one of our local parish churches (or live in the neighboring towns of Waterville, New Richland, Janesville, Faribault, Owatonna, or Medford)? In the past few years, our CDA membership has decreased by 10% due to the death of members. YOUR help is needed to recruit new ladies to join our organization! I encourage you to talk to others about CDA. Our court has postcards that can be sent out if you would rather contact your friends or family members by mail. Just ask at the next meeting and I would be happy to give you a few postcards or other information to share. We ALL need to spread the word and plant the seed...don't be afraid to ask others to join. You might hear the word NO today, but next week might be a better time for that same person to be asked, and the answer might just be YES. All you need to do is....JUST ASK!
Lori Mickelson, Membership Chair

Bingo Extravaganza!

On Saturday March 4th, a good time was to be had at Bridgewater Assisted Living in Janesville! We volunteered for an afternoon of bingo with the residents there! CDA member Linda Groh works activities at Bridgewater and hosted the event. Lori Mickelson brought her three grandchildren and they volunteered calling bingo, helping residents call bingo, and bringing and handing out prizes! They were all a great help and the residents enjoyed their enthusiasm and want them to come back.



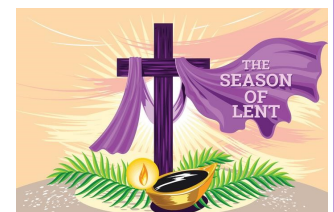
Lent Prayer

<https://www.xavier.edu/jesuitresource/online-resources/prayer-index/lent-prayers>

Let Us Fast

While fasting with the body,
brothers and sisters,
let us also fast in spirit.
Let us lose every bond of iniquity;
let us undo the knots of every contract made by violence;
let us tear up all unjust agreements;
let us give bread to the hungry
and welcome to our house
the poor who have no roof to cover them,
that we may receive mercy from Christ our God.

- Byzantine Vespers





Court Sacred Heart #1424
Waseca, Minnesota

Sacred Heart Church
111 4th Street NW
Waseca, MN 56093

ADDRESS SERVICE REQUESTED

Waseca Court Sacred Heart #1424
Catholic Daughters of the Americas

Remembering our Seminarians in Prayer!

Deacon William Kratt

The St. Paul Seminary
2260 Summit Ave
St. Paul, MN 55105

Alex Rasset

The St. Paul Seminary
2260 Summit Ave
St. Paul, MN 55105

Jack Massmann

St. John Vianney College Seminary
2115 Summit Ave
St. Paul, MN 55105
jackmassman1@gmail.com

Alexander Peters

Immaculate Heart of Mary Seminary
750 Terrace Heights
Winona, MN 55987
ajpete20@smumn.edu