



CATHOLIC
DAUGHTERS
OF THE
AMERICAS

MISSION STATEMENT

Catholic Daughters of the Americas strives to embrace the principle of faith working through love in the promotion of justice, equality and the advancement of human rights and human dignity for all.

YEAR AT A GLANCE:

February: Education Contest, Pie and Pop Fundraiser with K of C

March: Easter Ham and Pie Raffle

April: Pillow Cleaning Fundraiser

Pregnancy Options Baby Shower

May: Crowning of Mary

Schoenstatt Retreat

June: CDA Salad Luncheon

Priest Appreciation

July: No Meeting

August: Potluck Picnic and Pillow Cleaning Fundraiser

Sacred Heart School Staff Luncheon

GABRIEL

COURT SACRED HEART #1424
WASECA, MINNESOTA



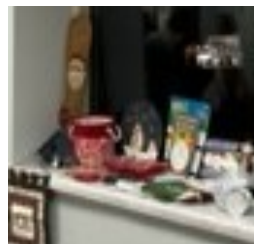
FEBRUARY
2024

Next CDA Meeting: Tuesday February 13, 2024. Rosary at 6pm and monthly meeting after. Treanor Campion Dining Hall at Sacred Heart Waseca.

Christmas Party Joy!

By: Linda Groh

Fun was had by many at our annual potluck Christmas party and craft. We made Christmas wreaths with a decorative bow of our choosing and a hanging wooden Nativity Christmas ornament on it. We had trial and error trying to perfect our bows. We had a delicious potluck with a variety of food and beverages. We all were stuffed to the gills. There was a dessert with Carmel that appeared to be the favorite of the night. We had fun visiting with each other with an evening of festive Christmas fun. There were also some adorable door prizes.



Letter from our Regent.....

Dear Sisters in Christ:

I apologize to anyone who missed the January newsletter. We decided not to publish a January newsletter because we did not have a formal meeting in December. What we did have in December was a very fun Christmas party. We shared fellowship with a potluck dinner. Then we did an amazing craft led by Patty Masberg. The evening ended with many seasonal door prizes given out. These were donated by some of the officers. We also welcomed back two members who are resuming their membership in Catholic Daughters, Linda Yess and Val Spies. We are very happy to have you back in our ranks!

Winter can be a hard time for many people. The weather can be cold and snowy, making it hard to get out for activities, or even for everyday tasks like shopping. And the lack of sunlight can lead to just feeling down, and sometimes to a lack of energy or motivation to do much of anything.

What can we do to get past these times? Make sure to have a circle of friends who you can rely on, if it is only to visit on the phone. It has been shown that those who have friends to lean on fare much better during the dark days of winter. Get outside when the sun is shining even for just 15 minutes. Soak up some of those warm rays that will feed your soul along with feeding you some Vitamin D. I know it is hard to think about going outside when it is so chilly, but our bodies really need the energy from the sun.

Attending daily Mass, even once or twice a week, in addition to Sunday, gives you a reason to get out of the house, in addition to receiving the graces from God received through that Mass. Along with the benefits of Mass, you will be among other people, which does a lot to raise our moods. There is a group of parishioners who get together after weekday Mass some days to enjoy a cup of coffee and fellowship. Feel free to join them.

Other things that can be done to make it through these dark days of winter are to find some activities that you like to do. Read a book, put together some puzzles, work on word or number puzzles, find a new hobby, take up a hobby that you had done in the past but quit for some reason, or take up a new exercise program. Doing something new, doing some sort of activity instead of repeating the same old activities, helps to keep our moods up and gives us something to look forward to, it also is good for the brain.

Oh, there is one more thing that you can do.... Attend the CDA meetings, and /or volunteer for one of the activities that our court has planned for you.

Before we know it, spring will be here, and we will be wondering where winter went. I hope that I have given you something to think about and something to look forward to.

In Unity and Charity;
Pat Foley, Regent
Court Sacred Heart #1424

DUES

If you haven't paid your dues for the 2023-2024 year yet, please submit them by mailing them to:

Patty Masberg
624 6th Ave SE
Waseca MN 56093

You may also drop them off at the rectory in the CDA mailbox or drop them off in the collection basket at church in an envelope clearly marked "CDA". A breakdown of our dues is:

National Dues -	\$18.00
State Dues -	\$5.00
State Fundraiser -	\$5.00
State Project -	\$2.00
<u>Court Sacred Heart -</u>	<u>\$5.00</u>
	\$35.00

If you are 85 years of age or older, and no longer wish to or can afford to pay your dues Court Sacred Heart will pay your dues to keep your membership active. If you are under the age of 85 and can't afford the dues, call for assistance. In either case you can contact Pat Foley (507-461-5095) for assistance.

CDA Officials

Regent

Pat Foley
pmfcda@gmail.com
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507-461-5095

Vice Regent

Lori Mickelson
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District Deputy

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CDA Minutes January 9, 2024

The regular meeting of Court Sacred Heart #1424 was called to order by Regent Pat Foley on Tuesday, January 9, 2024 at 6:15 p.m. in the Parish Center dining room.

The Pledge of Allegiance was said.

Opening prayers led by Deb Wobschall

Speaker, Kelly Boeddecker, from Waseca Area Caregiver Services presented information on the services and programs offered to those age 60 and older. The goal is for aging adults to live well at home and in community.

Silent roll call of officers was taken. There were 4 officers and 12 members present.

A motion was made by Diane Ytuarte to approve the November minutes as printed in the newsletter. The motion was seconded and approved.

Correspondence was passed among members.

The treasurer's report was given by [Carmen Battenfeld](#). We have a balance of \$8,138.38 in available funds.

Check #	To	Amount
5874	MN CDA Gummy Bears	\$598.71
5875	Liturgical Publications	\$547
5876	MN CDA Dues	\$255
5877	MN CDA Project	\$204
5878	MN CDA Fundraiser	\$510
Bank Debit	Checks ordered	\$20
5879	Server Cassocks for SH	\$1000
5880	Adopt a Family for Christmas	\$225

No bills were presented by the financial secretary, Patty Masberg.

Reports of Chairmen:

Bake Sale at Pork Belly Bingo - Pat reported for [Sue Harguth](#) that over \$500 was made from the bake sale. Funds donated to the Sacred Heart parish for repairs.

Adopt a Family for Christmas - Diane Ytuarte reported \$225 spent on a family of 5, 2 parents and 3 children.

Unfinished Business:

Nomination Committee - Pat Foley stated we will vote at the February meeting for the committee members. She asked members to pray about being on the committee or filling an officer position.

2023-2024 National Education Contest - Carole Schumacher announced the themes of the contest are: "God's love and kindness will shine upon us like the sun that rises in the sky" Luke 1:78 OR "How does my love shine for others?" The entry forms, divisions, categories, and rules are on the National CDA website. The deadline to submit an entry is February 1, 2024.

New Business:

Winter Bake Sale - Diane Ytuarte and Jaye Sopkowiak: Our fundraising bake sale will be held March 23 and 24, 2024. Sales before and after each Mass at Sacred Heart and All Saints and also at the Mill. More details to come.

KC Burger/Fish Fry and CDA Pie and Pop sales - February 16th at the Legion. Members may purchase tickets or get tickets to sell from Pat Foley. Tickets are \$10 each. If writing a check, please make it out to SAL (Sons of the American Legion). A Sign Up Genius will be sent out to members asking for workers, donations of pop, water and pies. [Lori Mickelson](#) Diane Ytuarte, and Lori Harris will chair the event.

Pro-life Booklets - A website will be sent out to members to share information on pro-life booklets.
[Catholic Answers Prolife site](#)

Confirmation Retreat - Emily Rux asked for support in feeding the Confirmation students and missionaries. This is the same weekend as our bake sale so our response was for Emily to reach out the parents of the Confirmation students for help. And any Interested CDA member in welcome to contact Emily Rux or [Lori Harris](#) if they would like to help or donate.

National Convention - The convention will be held in August in New Orleans. If you are interested in attending there is information on the National CDA site or talk to Pat Foley. We will vote on sending delegates to the convention.

Business from the floor:

None

Announcements:

"Light for Life" - Prayer service at Pregnancy Options Clinic in Faribault on Jan 21, 2024 at 4:30 p.m.

Reminder to fill out the robe survey on the National CDA site.

Court Madonna in Wilmont, MN celebrated their 100th Anniversary. [Lori Mickelson](#) was in attendance.

Financial Secretary's Report:

Patty Masberg - no report

Next meeting will be held Tuesday, February 13, 2024.

Ending prayer led by Deb Wobschall.

PREGNANCY *Options*

<https://pregnancyoptionsfbo.org/>

During Lent, an anonymous donor has agreed to match any monetary donations that are made to Pregnancy Options Clinic, outside of the normal monthly donors. Because of changes in the law, Pregnancy Options Clinic lost state funding which was 40% of their annual income. So, they really can use your help. Please consider making a donation to Pregnancy Options Clinic outside of the usual annual donations made for the baby shower that our court holds each year in April. It is important, especially in Minnesota, which has become the place to come to get an abortion, to support those places that are trying to help mothers keep their babies rather than aborting their babies. Donations that will be matched should be made between February 14, 2024, and April 1, 2024. You can send your donations to:

Pregnancy Options Healthcare Clinic
18 2nd Street NW
Faribault MN 55021



You can also donate through their website at:

<https://engage.suran.com/pregnancyoptionsfbo/s/give/new-gift?slug=ce6d89aad047432>

NATIONAL CDA NEWS

www.catholicdaughters.org

Many Catholic daughters from around the United States attended the National March for Life held in Washington DC on January 21, 2024. A Prayer Vigil Mass for Life was held before the March. Despite the cold and snow the March went on as planned, asking our representatives to support life. You can view pictures of the event on the National CDA website.

Connie Dronette, Second Vice National Regent took a fall at the March for Life. She was brought to urgent care and then referred to an orthopedic surgeon. She will have had orthopedic surgery by the time you receive this newsletter. Keep her in your prayers for pain management and a quick recovery.

The First Call to Convention has gone out. The 61st Biennial National Convention will be held August 14-18, 2024, in New Orleans. Court Sacred Heart may have two delegates and four alternates attend the convention. Please contact Pat Foley if you are interested in attending. There is more information about the convention on the Catholic Daughters website.

National CDA Scholarships are available for an 8th grader entering 9th grade in a Catholic School, a JCDA member entering college in the fall 2024, and persons completing undergraduate studies and desire assistance to continue onto a graduate level.

STATE CDA NEWS

www.mncda.org

Have you checked out the National or State CDA websites? You will find loads of information there. You can learn more about CDA, find prayers and uplifting articles from the Chaplains and

The State Board encourages courts to CARE for their members:

- C – Communicate
- A – Accompany
- R – Relate and Relay
- E – Enjoy



NOMINATING COMMITTEE

By: Pat Foley

This year Court Sacred Heart will be voting for a new Vice Regent and a new Treasurer. Lori Mickelson will be moving into the Regent position. That will leave the Vice Regent position open. Both Carmen and Pat have completed two consecutive terms in their positions, and according to CDA Tools of the Trade they cannot serve another term at this time.

In addition to the Vice Regent and the Treasurer positions, some of the officers have stated that if other members are interested in the position they would be willing to step out of the position. Those positions are Lori Mickelson as Regent and Patty Masberg as Financial Secretary.

According to CDA bylaws, the nominating committee will consist of three to five members. They will be elected at the regular meeting in March. Nominations for committee members shall be made from the floor. No member may serve more than two consecutive terms on the nominating committee. The three or five members with the most votes will be elected. The remaining candidates will serve as alternates. The committee member with the most votes serves as Chairman, or the committee can select their own chairman.

So what is the process of election of new officers? After the elections the chairman will call for a meeting with all the members of the committee, Due to the difficulty at times to fill the slate, the sooner the meeting is held after the election, the better. According to the bylaws the committee will meet and consider possible candidates. The chairman or other committee member will call each possible candidate and ask if she is willing to serve. The committee will then submit to the local court regent the name of one candidate for each office. If there is a vacancy on the slate, the committee will report the office as vacant. The chairman will report the slate of officers to the court at the April meeting.

The committee should use the two months' time to try to fill all the offices though they are not obligated. It is much more important to have a competent person filling the office than JUST to have a name. The committee chairman will present the proposed slate of officers at the May meeting. Officers will be elected at the May meeting.

OFFICER'S RESPONSIBILITIES

By Pat Foley

We are drawing near to the end of the terms for two of our officers, and the nominating committee will soon be out talking to the members to find candidates for the offices. The offices needing to be filled are Vice Regent and Treasurer. Members may run for any of the offices if they are interested, even if the officer has not completed two terms. If a member is interested in running for any office they can contact Pat Foley or, after the March meeting, contact anyone on the nominating committee.

The responsibilities of each officer are as follows:

REGENT: The regent shall preside over all meetings, as able. She will prepare the agenda for each meeting and be responsible for the transaction of all business of the court. She will obtain permission of the court before any expenditure that is not included in the approved budget or standing rules. She will oversee and encourage participating in the Circle of Love, appointing chairmen for each part of the Circle of Love. The Regent will ensure that the financial review is held as required. She will work with the District Deputy and state Officers as needed. The Regent is a co-signer on all check expenditures.

VICE REGENT: The Vice Regent will assist the Regent when requested. She may perform other such duties as designated by the Regent, such as Membership Committee Chairman or Standing Rules Committee Chairman.

RECORDING SECRETARY: The recording secretary will keep accurate records of all meetings in the form of minutes. She will present a list of bills to be paid to the Treasurer. She will conduct correspondence of the court. And perform other such duties as designated by the Regent.

FINANCIAL SECRETARY: The Financial Secretary will receive all the money for the court. She will post receipts in the cash book, making proper notation for identification. She will total receipts in the cash book and then transmit the money to the Treasurer and the money then will be counted by both the Financial Secretary and Treasurer. Information for each member will be posted in the membership book. Keep an account of all dues paid and inform the Regent when members have not paid their dues in a timely fashion. She will report changes in membership (new members, deceased members, etc) to the National CDA office.

TREASURER: The Treasurer will receive all money from the Financial Secretary. She will pay all bills that are approved by the budget, the standing orders or by the court. She will keep an itemized account of all receipts and disbursements. The Treasurer will present a report at the regular meeting each month and give copies to the Regent, the Recording Secretary for the minutes and retain one for the treasures book. Make bank deposits immediately. Enter deposits in the checkbook. Checks will be countersigned with the regent. Balance the check book and reconcile bank statements monthly. She will assist with the financial review twice a year and submit the Financial Review Form to the appropriate officers.



PIE AND POP SALES



The annual KC's Burger and Fish Fry has been scheduled for February 16th, 2024, with serving starting at 5:30pm at the American Legion. The KC's have given the Catholic Daughters tickets to sell for the Burger and Fish Fry. The KC's then give the catholic Daughters a portion of their profit for helping with the sale of tickets. Please contact Pat Foley (507-461-5095) to get your tickets, either for your family or to sell to others. The more we sell the more money we make!

In addition to selling tickets, the Catholic Daughters sell pie and pop during the burger fry. The link for Sign Up Genius had already been sent out for **helpers to sell pies and pop, to help with clean up, and to donate pop, water, or pies.** If you have not received the Sign-Up genius, or if you do not have internet, please call Lori Harris (507-461-3630) or Lori Mickelson (507-461-2446). They can help you sign up for the event.

Your pies and pop can be brought to the American Legion between 4:00pm and 5:00pm. There will be Catholic Daughters there at that time to receive your donations. You can also buy tickets from Pat Foley at that time. We are all looking forward to those delicious homemade pies!!!

Just a reminder, if you have signed up to donate pop or water, do not bring more than the amount asked for. In the past we have received donations above what was asked for and there has been a large quantity of pop left over which we have to figure out what to with. We are very appreciative of how generous all of you are.



How to Make Valentine's Day Special



By: Linda Groh

There is a plethora of information about how to express love or caring about a person and what works for one person may not work for another, so the important part of expressing love, more importantly than how you do it, is that it has the intention of extending God's love for us and is genuine, and not self serving. Here are some reminders on how to make Valentine's Day special this year. There are many more ideas out there, but this is just to get you started, I chose 14 since Valentine's Day is on the 14th.

1. Call someone you have not talked to in a while, or send them a letter, or card.
2. Make a meal for someone.
3. Try a new restaurant and compliment all the staff who work there.
4. Go to a new place for a date and be friendly to all the people there.
5. Spend extra time in adoration at the church.
6. Pray for people who have no one to pray for them.
7. Pray for all of God's creations, the environment and animals, and show kindness to a pet or animal.
8. Give someone the benefit of the doubt.
9. Apologize to someone you wronged.
10. Visit someone who cannot get out much.
11. Teach someone a new skill, or let someone teach you and express your gratitude.
12. Help someone with a chore or task that is difficult for them to do.
13. Be spontaneous and surprise your loved one with decorations, outing, treat, whatever works for you both.
14. Go to the sacrament of Reconciliation and/or ask God for help in any hurt that keeps you away from him.



Court Sacred Heart #1424
Waseca, Minnesota

Sacred Heart Church
111 4th Street NW
Waseca, MN 56093

ADDRESS SERVICE REQUESTED

Waseca Court Sacred Heart #1424
Catholic Daughters of the Americas

Remembering our Seminarians in Prayer!

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