



CATHOLIC
DAUGHTERS
OF THE
AMERICAS

MISSION STATEMENT

Catholic Daughters of the Americas strives to embrace the principle of faith working through love in the promotion of justice, equality and the advancement of human rights and human dignity for all.

UPCOMING EVENTS

December:

10th—Meeting with
Christmas Social

Adopt-A-Family Gift
Giving Project

25th—Christmas Holi-
day

January:

14th—6pm Rosary,
Meeting to follow

TBD Winterfest Bake
Sale

February:

1st—Education Con-
test Entries Deadline

11th—CDA Meeting

TBD—Burger and Pie
Fundraiser with KC

March:

11th—CDA Meeting

TBD—Ham/Pie Raffle

April:

April Showers - a shower
for Pregnancy Options

Pillow Cleaning TBA

April 24-26: 51st biennial
MN State CDA Conven-
tion

GABRIEL

COURT SACRED HEART #1424
WASECA, MINNESOTA



DECEMBER
2024

Next CDA Meeting: Tuesday December 10, 2024.
6pm Christmas Party
Potluck supper followed by a short meeting as needed.
Gifts and Christmas BINGO!!



The recently deceased members of Court Sacred Heart #1424 were honored and prayed for at the November meeting. The prayer service was lead by member, Anne Clayton and assisted by Court Regent, Lori Mickelson.

**ETERNAL REST GRANT UNTO THEM OH LORD, AND
LET PERPETUAL LIGHT SHINE UP ON THEM. MAY
THEY REST IN PEACE. AMEN.**

**Remembering the sisters we lost in the past year: Helen
Fowler, Katie Pfeifer, Doreen White, Veronica McGannon,
Eileen Morgan, and Mayone Byron.**

Letter from our Regent.....

Dear CDA Sisters,

We have now entered the season of Advent. These 4 weeks leading up to Christmas give us a sense of anticipation as we wait for the birthday of Christ.

I have a collection of Nativity scenes/sets in various sizes, colors, materials, old, new, etc. I even have one from my Grandmother's Christmas collection which is basically a 3D paper card. I treasure each scene and enjoy reflecting on the images of those people in the "barn" on that Holy night.

Joseph as the stepfather of Jesus – was he nervous? He knew there were people that didn't approve of or understand the relationship with Mary. He had to be concerned about his new family. Did he truly understand how life would proceed while protecting those he loved? And Mary – she obviously understood what was happening and what was expected. But did she think at all about the future her child would lead? Was she, as many mothers do, anticipating the many stages of growth in her child and believing her child, once grown, would become successful and productive in society? Did either one of those parents truly understand who Jesus was? Not just their child, but the future for all of humanity. Were they truly prepared for the struggles ahead?

How prepared are we for our future? I read this once on a billboard – Can We Talk? signed God.

When was the last time you carved out some extra time to just sit and have a conversation with God?

With Blessings of the Season,

Lori Mickelson, Regent Court Sacred Heart



SOCKTOBER... was an great success this year. With the help of Sacred Heart parish-ioners, over 700 pairs of socks were collect-ed.. These socks were donated to the Neighbor-hood Service Cen-ter to be given out, never sold. These socks will help to warm many feet in Waseca County. Thank you to Joann Earle for chairing this project.

2024-2025 CDA Officers

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CDA Minutes November 12, 2024

The regular meeting of Court Sacred Heart #1424 was called to order by Regent Lori Mickelson on Tuesday, November 12, 2024 at 6:50 p.m. in the Parish Center dining room.

Program - Anne Clayton lead a memorial service for deceased CDA members

The Pledge of Allegiance was said.

Silent roll call of officers was taken. There were 4 officers and 12 members present.

A motion was made by Pat Foley to approve the October minutes printed in the newsletter. The motion was seconded and approved.

Correspondence was passed among members.

The treasurer’s report was given by Jeanne Sexton. We have a balance of \$11,584.29 in available funds.

Check #	To	For
5913	Solutio, Inc.	\$300.00
5914	CDA National Dues	\$927.00

Bills were presented.

\$927 was paid for National CDA dues. We paid for 103 members. Our current membership as of the November meeting is 101 members.

\$65 for fleece material to make Confirmation blankets.

Reports of Chairmen:

Gummy Bear for HFH - Bea O’Brien reported we collected \$482.22.

Socktober - JoAnn Earle reported 711 new pairs of socks were collected to be donated to the Neighborhood Service Center. She will also check with the Social Concerns Committee to ask if they could use socks for families in need. Some gently used socks were also donated. JoAnn suggested we donate those to the Veterans in the Twin Cities. Mary Knoll made a motion which was voted on and approved to donate the used socks to the Veterans.

Unfinished Business:

Dues - Reminder that the dues of \$35 can be given to Patty Masberg or dropped off at the parish office in the CDA mailbox. Our dues help support many ministries at the state and national level. Five dollars of the dues stay with our court.

Redemption Project - Jeanne Sexton will get more information for the court.

2024 Education Contest - Theme - "He who forgives an offense, seeks love." or "How do I feel when I forgive?"
Deadline is February 1 for entries. Carol Schumacher, Pat Foley and Lori Harris will work with the Sacred Heart School and Religious Ed. teachers to encourage participation from our youth. Adults are also encourage to enter.

New Business:

Adopt a Family for Christmas - It is in our budget to spend \$250 for a family in need. Pat Foley volunteered to contact the church for a family and do the shopping.

Winterfest Bake Sale - Dates are not available.

CDA Christmas Social -. On Tuesday, December 10 all CDA members are invited to the Christmas Potluck Social. We will start at 6pm. Bring a dish to share. There will be games and a gift exchange. If you wish to participate in the gift exchange the limit is \$10.

Business from the floor:

There is interest from the court to participate in "Jesus Food" in Faribault. Lori Mickelson will look into a Saturday date. It is a 4 hour commitment to pack food for the needy.

Announcements:

Congratulations to Tom and Jeanne Sexton on Tom being elected to our State House of Representatives. They asked for prayers to guide their service and work for our state.

Pat Foley distributed Blessing Prayers booklets for Advent wreaths, Christmas trees, and Christmas crib.

Our court will give Father Frerichs \$100 for Christmas as budgeted.

Financial Secretary's Report:

None

Next meeting will be held Tuesday, December 10, 2024.

The meeting was adjourned at 7:30p.m.

Jesus Food

Several years ago, a group of our CDA women and some of their grandchildren, drove to the Twin Cities and helped with the program Feed My Starving Children. Last year, the idea of spending a few hours packing food for the impoverished was again brought up at our meetings.

Jesus Food is a similar program with a packaging site in Faribault. (A little bit closer drive). Jesus Food is a Christian organization whose primary purpose is to provide fully nutritious food to impoverished children around the world, followed by giving them the opportunity to learn about the life saving gospel of Jesus Christ.

Jesus Food is both physical food for the body and spiritual food for the soul. The physical food was developed by using some of the world's leading food scientists from: Cargill, General Mills, Pillsbury, and ADM.

The spiritual part of the food is the Gospel of Jesus Christ. The team at Jesus Food believe filling bellies is important, but also people all over the world need Jesus. Food for the body, food for the soul.

Jesus Food has partnered with Kids against Hunger and have worked with other organizations such as Samaritans Purse to get this product sent to the places needed, like Ethiopia, Tanzania, and Haiti, but they have also helped in the US when disasters have happened. In 2011, a shipment was sent to Joplin, Missouri when a devastating tornado struck there. And early in November 2024 they sent approximately 7,000 packages to help with Hurricane Helen relief efforts.

At a future CDA meeting we will be discussing the interest of organizing a date for our court to help with the packaging at the Faribault location.

For more information, here is the website for Jesus Food: <https://jesusfood.org/food.html>.

by:

SHORT ADVENT PRAYERS

Advent challenges the hectic pace of our lives and the sometimes indomitable march toward Christmas. It gives us time to prayerfully remember Jesus's birth and the majesty of the Incarnation while looking ahead to His second coming.

Advent prayers can help us focus on this important liturgical season when it seems like so many forces pull us away from prayer. Praying during Advent can help us keep in mind the true purpose of all of the build-up to Christmas.

Advent is a relatively short liturgical season, so perhaps it's fitting that short, simple prayers are all we need to feel God's calming presence in our lives amid the many distractions of Advent.

Consider these brief Catholic prayers this Advent season:

- Dear Lord, please allow me to embrace Advent in the way the Church intends: as a way to prepare for Your arrival. May everything I do—every gift I send, every party I attend, every meal I share—remind me to prepare space in my heart for You. Amen.
- Heavenly Father, heal my heart during this season of Advent. Help me to love more fully. To forgive more generously. To wait more patiently for Christmas, embracing each day and hour knowing the joy that awaits. In Your name I pray. Amen.
- Lord, send down Your Spirit to guide me during Advent this year. May the Holy Spirit help me journey closer to You and lift me up when I feel down and led me when I feel lost. I may stumble at times, but I know my ultimate journey is to draw closer to You and build Your kingdom here on earth—a kingdom that Jesus's birth, life and death helped secure. Amen.

Below you will find the second part of a three part article written by Jeanne Sexton. For her Catechesis Certification. The third part of the article will be published in another newsletter. Thank you Jeanne for submitting the article to Catholic Daughters for the education of our members.

EVANGILIZATION AND THE CATECHIST

By Jeanne Sexton

Part 2:

A catechist must never lose sight of the fact that one's identity is rooted in a call to discipleship. As a disciple, the catechist's very identity is as one who is called to be an evangelizer. The catechist must see his or her life focused on witnessing to the Gospel of Jesus Christ. Pope John Paul II continually reminds us that there is no evangelization if we do not proclaim Jesus. But what is this evangelization that each of us is called to as a disciple?

Responding to the efforts of the popes, the bishops of the United States approved, in November of 1992, *Go and Make Disciples: A National Plan and Strategy for Catholic Evangelization in the United States* (GMD). This plan and strategy guide us as a Church to remember that our very identity and vocation as a Church is rooted in evangelization. But what is evangelization?

Our bishops have said that "the simplest way to say what evangelization means is to follow Pope Paul VI, whose message *On Evangelization in the Modern World* has inspired so much recent thought and activity. We can rephrase his words by saying that evangelization means bringing the Good News of Jesus into every human situation and seeking to convert individuals and society by the divine power of the Gospel itself. Its essence is the proclamation of salvation in Jesus Christ and the response of a person in faith, both being the work of the Spirit of God" (GMD, p. 2). This definition of evangelization provides each of us, as disciples, with the very vocation to which each of us is called. The bishops go on to remind us that "evangelization must always be directly connected to the Lord Jesus Christ. 'There is no true evangelization if the name, the teaching, the promises, the Kingdom and the mystery of Jesus of Nazareth, the Son of God, are not proclaimed'" (GMD, p. 2). This reality reminds us that all religious education teachers are not necessarily catechists, and all catechists must be witnesses to the life and teachings of Jesus.

Conversion is the heart of evangelization. We must be converted to Jesus Christ, and this conversion must be an ongoing experience. "This is crucial: We must be converted and we must continue to be converted! We must let the Holy Spirit change our lives! We must respond to Jesus Christ. And we must be open to the transforming power of the Holy Spirit who will continue to convert us as we follow Christ. If our faith is alive, it will be aroused again and again as we mature as disciples" (GMD, p. 2). Are our hearts on fire? Do we have a passion for what we are doing in the name of the Lord Jesus?





IT'S TIME FOR A CHRISTMAS PARTY!

Court Sacred Heart #1424 invites all members to a Christmas Party on December 10, 2024, in the dining room at the Treanor-Campion Center at 6:00pm. The party will start with a potluck meal, followed by a short meeting, as needed. **Then the fun begins.** There will be a gift exchange for those who wish to participate. Bring a gift with the value of \$10.00 or less. If you have something at home that is just like new that you would like to regift, that is acceptable. After the gift exchange there will time to play Christmas **BINGO** (there will be prizes). For those who do not wish to play BINGO, there will be time to socialize. Contact Pat Foley (507-461-5095) or Lori Mickelson (507-461-2446) if you would like to attend but need a ride for any reason. We want to see all of you there to celebrate the Birth of Christ.!



Catholic Daughters of the Americas

Court Sacred Heart #1424

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Waseca Court Sacred Heart #1424
Catholic Daughters of the Americas

Remembering our Seminarians in Prayer!

Thomas Lambrecht

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Prayer for Seminarians

God our Father, we thank you for calling men to serve in your Church and at the service of your Son's kingdom as priests. Grant these men the gift of understanding and send your Holy Spirit to help others to know your call. May Catholic Daughters support vocations by prayer and encouragement of our youth and young adults. Through our Lord Jesus Christ, who lives and reigns with you in the unity of the Holy Spirit for

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